

colchesterGAYswitchboard

News Update February 2010

"Thank you so much, sometimes life seems too much but you make it so much better. You make me so happy then I think about my home life and it makes me so depressed. If I don't do it now I will end up seriously ill"

What a recent visitor talking about coming to terms with his sexuality and telling his family said.

Your support of Colchester Gay Switchboard helps us to continue to help people like this.

In the coming months we plan to:

- Refurbish The Outhouse
(We have secured the money to do it!)
- Arrange more Sunday Lunches
- Trips to pride events
- Painting Party at The Outhouse
- Quiz & Film Nights
- 'Meet A Mate' nights
- Undertake a needs assessment

Keep an eye on the website for more details

**If you are out of area, you can call our Lo-Call rate number:
0845 1 23 23 88**

Women's Space
Youth Group
Transgender Group

Every 1st Saturday 2-4pm
1st & 3rd Tuesdays 7-9.30pm
We need a volunteer to run this group.

Information and helpline 01206 86 91 91
www.gaysex.org.uk

More volunteers are always needed - contact us if you feel you could help

Come Out



Drop In